## PARTICIPANTS MEETING AGREEMENTS

*This is an evolving document*

## Common Purpose:

Collectively work to create a space where participants feel safe to share concerns, be heard, valued and supported.

| We will... | How? |
| :--- | :--- |
| 1. Listen and be present. | $-\quad$ Ground yourself in the space. |
|  | $-\quad$ Listen fully and actively. |
|  | $-\quad$ Seek to understand |


| 5. Respect confidentiality. | - Use information/learning gained in the meeting, but don't reveal identities or share personal stories outside of meeting. <br> - State whether you are sharing your own experience or on behalf of someone else. |
| :---: | :---: |
| 6. Center our work around family, community, children. | - Perspective taking: use families and their children's experiences, needs and health to guide our decisions. <br> - Look for opportunities to engage families, children, and community in our work <br> - Apply an equity lens to explore who does and does not benefit in our interactions and decision-making. <br> - Use plain language. |
| 7. Care for ourselves and each other. | - Take time to celebrate personal/professional success and mourn losses. <br> - Take care of our needs during meetings (washroom, food, sitting, standing etc.) |

