Building Connections for Valley Families Project - Parent & Caregiver Survey Questions 2019

- 1. Where in the Comox Valley do you live? (Select one: Courtenay; Comox; Cumberland; K'omoks First Nation; Baynes Sound-Denman/Hornby Islands (Electoral Area A); Lazo North (Electoral Area B); Puntledge-Black Creek (Electoral Area C))
 - a. *[If selected Baynes Sound-Denman/Hornby Islands (Electoral Area A) in Q1]: In which neighbourhood/area/community do you live? (Select one: Minto; Royston; Union Bay; Fanny Bay; Denman Island; Hornby Island)
 - b. *[If selected Lazo North (Electoral Area B) in Q1]: In which neighbourhood/area/community do you live? (Select one: Comox Peninsula, Little River, Balmoral Beach Area, Point Holmes, Bates Beach, Huband Road, Tsolum)
 - c. *[If selected Puntledge-Black Creek (Electoral Area C) in Q1]: In which neighbourhood/area/community do you live? (Select one: Merville, Black Creek, Dove Creek, Saratoga Beach, Arden (west of Cumberland Road), Powerhouse, Lake Trail, Marsden, Plateau Road)
- 2. How long have you lived in your neighbourhood? (Select one: Less than six months; Six months to a year; One to two years; Two to five years; Five years or more)
- 3. Do you have a child or children under 6 years of age living with you some or all of the time? (*Select one: Yes; No*)
 - a. *[If selected *No* to Q3]: Thank you very much. This survey is designed for people with children under 6.
 - *[If selected Yes to Q3]: How many children of each age live with you? (Fill in the blanks: Less than 12 months old _____; 1 year old _____; 2 years old _____; 3 years old _____; 4 years old _____; 5 years old _____; 6 years old _____; 7+ years old _____)

Child Experiences & Community Supports

We are interested in learning about the kinds of experiences and activities you do with your children, and what kinds of resources you like to access. Please answer this portion of the survey regarding your children **under 6 years of age**.

- 4. On average, how often do your children engage in the following play activities in your home or the area where you live? (For each activity, select one of the following: More than one hour per day; Less than one hour per day; A few times per week; A few times per month; Rarely or never)
 - Playing outside
 - Reading children's books
 - Playing with toys/crafts/games

- Listening/playing/dancing to music
- Playing/interacting with other children
- Playing/interacting with an adult
- Engaging with technology/having screen time
- 5. Which resources or activities do you and your family regularly access in other parts of the Comox Valley that don't currently exist in the area where you live? (*Select all that apply*.)
 - Community parent-child activity groups for children 0-6 years of age
 - Aboriginal community groups for families & children 0-6 years of age
 - Playground or park
 - Recreation or community centre
 - Aquatic centre or pool
 - StrongStart
 - Library visits or Storytime
 - Faith-based programs for children
 - Specialized support services
 - Other activities ______
- 6. Which resources or activities do you and your family regularly access within the area that you live? (Select all that apply.)
 - o Community parent-child activity groups for children 0-6 years of age
 - Aboriginal community groups for families & children 0-6 years of age
 - Playground or park
 - Recreation or community centre
 - Aquatic centre or pool
 - StrongStart
 - Library visits or Storytime
 - Faith-based programs for children
 - Specialized support services
 - Other activities _____
- 7. On average, how frequently do your children participate in these activities? (*For each activity, select one of the following: Several times a week; At least once a week; A few times a month; Once a month or less; Rarely or never*)
 - o Community parent-child activity groups for children 0-6 years of age
 - o Aboriginal community groups for families & children 0-6 years of age
 - Playground or park
 - Recreation or community centre
 - Aquatic centre or pool
 - StrongStart
 - Library visits or Storytime
 - Faith-based programs for children
 - Specialized support services
 - Other activities

- 8. Overall, how easy is it for you to access child and family resources/programs in the Comox Valley? (Select one: Very Easy; Somewhat Easy; Neutral/Undecided; Somewhat Difficult; Very Difficult)
- 9. Overall, how easy is it for you to access child and family resources/programs within the area where you live? (Select one: Very Easy; Somewhat Easy; Neutral/Undecided; Somewhat Difficult; Very Difficult)
- 10. What challenges have you encountered in accessing child and family resources/programs? (*Select all that apply.*)
 - o Cost
 - Availability of spaces
 - Quality of the staff/activities/space
 - Hours of operation
 - Transportation
 - Distance from home/work
 - Registration vs drop-in
 - Language of delivery
 - \circ $\;$ Lack of information about child and family resources/did not know about them
 - Was not referred
 - o Other ____
 - No challenges experienced
- 11. What is the current childcare arrangement for your family? (Select one: Parental care only; A relative (other than parent); A friend; A licensed group childcare centre; A licensed family childcare home; Unlicensed childcare; A caregiver in my home; Other____)
- 12. What challenges have you encountered in finding childcare for your family? (Select all that apply.)
 - o Cost
 - Availability of spaces
 - Quality of the staff/activities/space
 - Hours of operation
 - Transportation
 - Distance from home/work
 - Language spoken
 - Lack of information about childcare options
 - o Other ___
 - No challenges experienced

Child Experiences & Community Supports: Open-ended Questions

If you have additional comments, ideas, or thoughts about activities and resources for families in the Comox Valley, please share them in the questions below.

- 13. From your perspective as a parent in the Comox Valley, what are your favourite activities to do with your children within the area where you live? (*Open-ended: parents can type in their own ideas*)
- 14. Can you share what resources/activities/groups are present in your community that support you as a parent and help your children thrive? Are there any you consider unique to the area where you live? (*Open-ended: parents can type in their own ideas*)
- 15. What do you feel are the benefits/strengths of living in the area where you live with regards to raising children? (*Open-ended: parents can type in their own ideas*)

Parent Experiences

We are also interested in learning about parents' experiences in raising children in the Comox Valley, and if/how they feel connected to others in the community.

- 16. As a parent, I feel well supported by my neighbours and my community. (Select one: Strongly Agree; Agree; Neutral/Undecided; Disagree; Strongly Disagree)
- 17. I feel I have a person/people in my neighbourhood that I can turn to for help in an emergency/with very short notice. (Select one: Strongly Agree; Agree; Neutral/Undecided; Disagree; Strongly Disagree)
- 18. I feel connected to other parents and families in my neighbourhood. (Select one: Strongly Agree; Agree; Neutral/Undecided; Disagree; Strongly Disagree)
- 19. On most days, I feel I can manage my parenting and family duties. (Select one: Strongly Agree; Agree; Neutral/Undecided; Disagree; Strongly Disagree)
- 20. I have secure, affordable housing for my family. (Select one: Strongly Agree; Agree; Neutral/Undecided; Disagree; Strongly Disagree)
- 21. I have access to reliable transportation that meets my family's needs. (Select one: Always; Very Frequently; Sometimes; Very Rarely; Never)
- 22. I can afford and provide nutritious food for my family. *(Select one: Always; Very Frequently; Sometimes; Very Rarely; Never)*
- 23. I would like to be more connected to friends and family. (Select one: Strongly Agree; Agree; Neutral/Undecided; Disagree; Strongly Disagree)
- 24. My social support network includes friends and family that live in other locations outside my neighbourhood, including long distances. (Select one: Strongly Agree; Agree; Neutral/Undecided; Disagree; Strongly Disagree)

- 25. I regularly turn to the following sources for social support: (Rank order top 3 drag & drop)
 - Local friends and/or family members
 - Long-distance friends and/or family members
 - o Other parents in my community
 - Local resources and services
 - o Parenting groups/websites
 - $\circ \quad \text{Social media}$
- 26. I regularly turn to the following sources when I have questions about parenting/child development: (*Rank order top 3 drag & drop*)
 - Local friends and/or family members
 - o Long-distance friends and/or family members
 - Other parents in my community
 - o Local resources and services
 - Parenting groups/websites
 - Social media

27. As a parent, how do you use technology/internet/social media? (Rank order top 3 – drag & drop)

- o Connect/share photos and stories with friends and family
- o Connect/share photos and stories with other parents
- o Learn about community events
- Access parenting/child development information
- Find parent/social support groups
- Other _____